



Republic of the Philippines
 Department of Education
REGION X- NORTHERN MINDANAO
DIVISION OF CAGAYAN DE ORO CITY

OFFICE OF THE SCHOOLS DIVISION SUPERINTENDENT

July 25, 2022

DIVISION MEMORANDUM

No. 291 s. 2022

To: Jerly H. Eluna, EPS, MAPEH
 Public School District Supervisors
 Elementary School Heads
 Secondary School Heads



**3-DAY DIVISION TRAINING AND CAPACITY BUILDING FOR
 GRADE 3 TO 10 MAPEH TEACHERS**

1. This office through the Curriculum Implementation Division will conduct a 3-Day Division Training and Capacity Building for Grade 3 to Grade 10 MAPEH Teachers. The activity aimed to:
 - a. Improve knowledge-based and skills-based competencies of the teachers.
 - b. Use Strategies that are responsive to the learners on difficult circumstances.
 - c. Use appropriate teaching and learning resources to address learning gaps in Music, Arts, PE, and Health, and;
 - d. Develop the value of respect towards oneself and others.
2. The schedules & venue are as follows:

Date	PAX	Venue
August 8-10	Elementary and Secondary MAPEH Teachers	Hotel Conchita

3. List of Topics and Resource Persons, List of Participants, and Training Management Committee are contained in Enclosure 1, 2 a and b, respectively.
4. In compliance with the IATF guidelines, all participants shall ensure that safety health standards are strictly followed at all times. All personnel involved must wear facemasks and must observe physical distancing.
5. Resource persons and participants will be given 3 days service credits after complying all the necessary requirements.
6. To ensure smooth flow of the training, there will be a virtual coordination meeting of the Technical Working Group on August 2, 2022 @ 2:00 P.M. Link to be given day before the activity.
7. For further details and information, please contact Jerly H. Eluna-MAPEH Education Program Supervisor at 09069156741.
8. In adherence to Equal Opportunity Principle (EOP), inclusive and fair treatment are accorded to all participants regardless of age, gender, sexual orientation, disability, religion, and ethnicity.
9. For dissemination and compliance.

CHERRY MAE LIMBACO - REYES
 Schools Division Superintendent



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Enclosure No. 2.b

TRAINING MANAGEMENT COMMITTEE	
PLANNING COMMITTEE	NAME
Chairperson	DR. CHERRY MAE L. REYES
Co-Chairperson	LOREBINA C. CARRASCO
TECHNICAL COMMITTEE	
Chairperson	JERLY H. ELUNA
Co-Chairperson	Mary Caress Tagud-Galono Farrah Alvie Ablanque
Committee on Invitation and Certificate	
Chairperson	Cherry Lou Lanzaderas
Co-Chairperson	Paul Gacusan
Committee on Documentation and Narratives	
Chairperson	Ruby Linda E. Peralta
Co-Chairperson	Shielamar Labiscase Lady Mae Mendoza
Committee on Evaluation	
Chairperson	Juvy T. Importante
Co-Chairperson	Wenna M. Rabadon
ICT and Videographer	
Chairperson	Jeanalie B. Labial
Co-Chairperson	Margelina Tabian
Tarpaulin Lay-out and Stage Decoration	
Chairperson	Lizl Bacolod
Co-Chairperson	Manolita Salagunting



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LIST OF PARTICIPANTS IN THE SECONDARY LEVEL
August 8-10, 2022

ROOM 1	ROOM 2	ROOM 3
Riezza Diaz	Arlene Daug	Jessa Saramosing
Lorenze Marata	April Dawn Melliza	Jerry S. Del Puerto
Carmelita Ravelo	Baby Labadan	Mary Cris S. Akut
Kim Jhon Guiaun	Davy B. Ebarle	Hazel C. Subteniente
Jeanny Gorgonio	Rotilia G. Arteta	Ivy Ardonia
Daisy Agawin	Paulina Cobita	Joel Tadle
Fave Ann Dimataga	Elfinda Lagumbay	Norvemer B. Salceda
Ruvelyn Panonce	Merely A. Abio	Stephen Paul C. Pailagao
Aileen Raganot	Mary Grace J. Pabilona	Tricia B. Bajenting
Charies Mae Ecarma	Catheryn M. Chiva	Rowena Sabuero
Kierley Mae Lago	Charlene Shealoue I. Balbin	Balasabas, Maryjane Y.
Lucita Mae Aguelo	Moises B. Alingig	Hambre Jennifer M.
Ma. Suzienel Daayata	Nelda L. Casinillo	Andres Cagalawan
Irish Arestas	Warvin Abellanosa	Maria Chicanny R. Blegario
Marris L Labeña	Ma. Theresa M. Boborol	Lizel Sajulga
Zsydee Mae Peralta	Alfredo Tamula	Alson V. Alburo
Jean Kristy A. Cagas	Mistina Rea D. Juele	Melanie Pacudan
Susie P. Serrano	Paul V. Obedencio	Roderick C. Fronteras
Mary Grace E. Moreno	Aiza Mae D. Cabactulan	Johen Jasmin Boborol
Janjelene G. Villarte	Wilnie Joy Varacion	Danilo L. Amandac Jr.
Rosalie C. Jamelo	Glysel M. Enobio	Lovelyn Hontiveros
Julienne D. Ortega	Stacy Marie S. Dagondon	Teresa Pajo
Juanita G. Bacarro	Amor M. Nadonza	Rhobert Son L. Talle
Daisy Lou Banual	May Ann Paclar	Mary Jane Apas
Leomar Juaton	Delia Vocal	Mimi Yanez



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Enclosure 2. a

LIST OF PARTICIPANTS IN THE ELEMENTARY LEVEL

August 8-10, 2022

ROOM 1	ROOM 2
1. Jose Luis G. Mag-away III	1. Eljean Celda
2. Arnel V. Jamito	2. Ma. Theresa M. Boborol
3. Jalcemae P. Baquilid	3. Maria Concepcion P. Alcoser
4. Kimberly R. Serato	4. Joy T. Samante
5. Marifi S. Hulampong	5. Julia T. Calingin
6. Leslie A. Juntilla	6. Roque Rhandy C. Cabalo
7. Cherry Grace N. Ludevese	7. Joyce J. Taala
8. Mary Jane R. Pangasian	8. Michelle Bosque
9. Michael Garcia	9. Paula Mae M. Escabusa
10. Christian Mark L. Malinis	10. Mary Jane Constantino
11. Rey Misael S. Da-abay	11. Maria Clara G. Pundoma
12. Princess Mary G. Faunillan	12. Gladys Mae Neri
13. May Psyche B. Verula	13. Juvelyn M. Cabornay
14. Cherry Mae A. Diango	14. Hazel Callo
15. Mary Joy A. Degomio	15. Moises B. Alingig
16. Ludivina E. Paderna	16. Norwin Edoloverio
17. Marilyn Revilla	17. Lexy Grace Mabansag
18. Shewanie Batulanon	18. Joyce Geraldine Ocate
19. Genevieve Sahdan	19. Vergel Jumamoy
20. Chanesse Bersabal	20. Zenny B. Escosura
21. Cindy B. Baja	21. Girlbert Ablat
22. Mary Grace T. Que	22. Brayn Carl T. Cabulao
23. Jennilyn E. Dy	23. Je-ann Q. Moran
24. Christine D. Caayupan	24. Christian Rey J. Tamsi
25. Charisse Andoy	25. Glenndon M. Mapano
26. Analou H. Puga	26. Jay Robert Sogoc
27. Lea Pearl S. Clar	27. Olive Sychelle G. Para-on
28. Jenelyn D. Miranda	28. Jane Solana
29. Angel Mae Magpulong	29. Analyn Bait-it
30. Cleofe S. Molit	30. Rubilyn Silva
31. Isabel M. Baal	31. Angelita Caburatan
32. Josephine Casanos	32. Irene Solayao
33. Sittie Haima R. Panandigan	33. Mary Anjanette A. Romea-Genita
34. Janette Vocal	34. Simonette Y. Caylo
35. Lou Ernie Torres	35. Ruby Mae Kristine C. Diocos



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Enclosure 1. List of Topics and Resource Persons:

Topic	Resource Persons
1. Understanding of Comprehensive Sexuality Education (CSE) and Its Integration in the MAPEH Curriculum	Welyn Ragasi, T III Krista Marie M. Llenas
2. Managing Barriers in Physical Activity Participation.	Jorie J. Dela Torre Farah Mae Llagas
3. Factors Affecting the Effectiveness and Efficiency in Teaching MAPEH.	Farrah Alvie ABlanque Jamie Kristina Rojas
4. First Aide for Common Injuries and Conditions.	Ryan Blanco Bayani Alianza
5. Effective Strategies and Motivation in Teaching MAPEH	Darlene Daliva Jame M. Hernani Jr.
6. Proper Nutrition and Diet.	Rasheila Llagas, RN II Edsilyn Salido
7. Teaching Self-respect, Attitude and Behavior towards others.	Rowena Taboclaon, T III Jerly H. Eluna, EPS-MAPEH
8. Use of Digital Apps in Teaching Arts.	Ryan Z. Roa Wilfredo L. Belono Jr.
9. Policy Guidelines in the Implementation of Special Program in the Arts (SPA)	Sunshine R. Villegas, MT I Mary Caress Tagud-Galono
10. Strategies for Addressing Students` Anxiety and Stress	Juvy T. Importante, MT II Arlene B. Valmoria, MT I
11. Partnering with Parents and Guardians in Promoting Students' Well-being.	Marionne P. Melencion, TIII Julieta Maurin Suansing
12. Re-visitation of Physical Fitness in the New Normal	Mary Jane Tolentino Adel Cambangay Jr.
13. Refresher in Sports Management	Levi A. Del Puerto Angela Rueza Amparo
14. Reading of Notes and other Music Symbols Demonstration of Gestures of 2/4, ¾, & 6/8 Time Signature. Singing and conducting of Philippine National Anthem* Lupang Hinirang*	Vernie Joy May Chadie Marge Morata Laura A. Abaigar
15. Teaching Strategies that are Responsive to the Learners on Difficult Circumstances	Joy J. Reas Kristine Mae Libot
16. Basic Steps in Teaching Folk Dance	Mary Els Ellis Markines Melody Fair C. Jomud